

NORWAY 2010

Representing NFYFC England and Wales

Aimee Mahony



AIMEE MAHONY

LEICESTERSHIRE AND RUTLAND YFC



Hello, my name is Aimee Mahony and I am a member of Market Bosworth YFC in Leicestershire and Rutland.

I have produced this short presentation on my discovery trip to Norway in 2010 including the application and selection process and lots of details of my trip.

I hope you enjoy watching and wish you the best of luck if you decide to apply for one of the fantastic trips offered by the discovery program.

Aimee ☺



APPLICATION PROCESS

- I decided to apply for the Discovery programme and downloaded the application form from the NFYFC website
- The application form is easy to follow with various questions including personal details, the country you wish to visit and a personal statement
- Simply write why you believe you will be a good ambassador for your country and YFC and the reasons why the trip appeals to you and what you can offer in return



DISCOVERY PROGRAMME SELECTION DAY

- I attended the selection day in December at Stratford Upon Avon
- The interview panel consisted of 3 members who asked various questions ranging from my involvement in YFC to why I wanted to travel
- The day was great fun and included:
 - Meeting new friends
 - Playing 'ice breaker' games
 - Having an interview
 - Presentations from previous travellers
 - Tutorials on how to pack etc
 - Results 😊





NFYFC DISCOVERY PROGRAMME

- Unique opportunity
- New places, new friends and another culture
- World of destinations
- Home stays, team travel, team travel development or working exchanges
- Cost= airfare, participation fee, insurance and spending money
- Ambassador for your country and YFC



MY TRIP



- I was lucky enough to win the 6 week trip to Norway
- I was also granted the YFA (Young Farmers Ambassadors) scholarship for European home stays 😊
- I then kept in contact with Kate Nancarrow (NFYFC Discovery officer) about departure dates, insurance and any general queries regarding my trip
- I then booked my flights (book early for better savings!) and sorted my insurance with the NFU who offered a special rate for the discovery trips



FUNDING AND SPONSORSHIP



- I received a £100 donation towards the cost of my trip from the TGN Stops award which is an award available for members in Leicestershire and Rutland YFC

****Ask your county office for any funding available for your trip - you never know unless you ask****

- Many local businesses and organisations want to aid you in strengthening links between young people and agriculture around the world and therefore may be interested in sponsoring your trip



ORIENTATION

- I Spent the first two nights in Oslo
- Sightseeing
 - kings palace and houses of parliament
- Expectations from the Norwegian 4H
- Received information about first host families and travel arrangements



NORWAY 2010

- I arrived in Oslo on the 25th June 2010 as an IFYE (International Farming Youth Exchange)
- I was welcomed by members of the Norwegian 4H
- I met other IFYE's from Germany, Taiwan and Northern Ireland



Traditional dancing



Boat trip



National theatre



Tina and Anna
from Taiwan

Tanya from N.
Ireland

Me!

Ines from
Germany



NORWAY 4H (YFC ORGANISATION IN NORWAY)

- 4H = Head, heart, hands and health
- The 4H pledge: “We promise to work towards the goal to become a youth with a clear head, warm heart, clever hands and a good health”.
- 4H in over 80 countries
- Motto: ‘learning by doing’



NORWAY

- Population-5 million
- Area-323, 802km²

ENGLAND

- Population-63 million
- Area-130,410km²

Finnmark- (County I was based in)

- Population-73,500
- Area-48.637km²

(Approximate
figures)



FINNMARK *County*

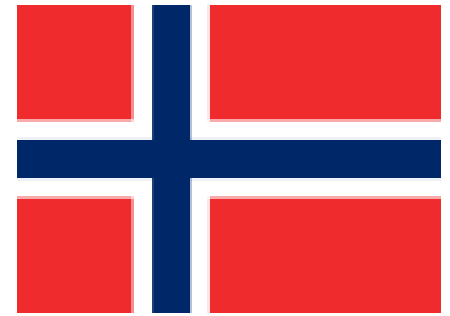


Finnmark (highlighted in red on the map of Norway to the right) is the northernmost county

The map to the left shows the boroughs of Finnmark



NORWAY



- The following slide shows a map of Norway
- The country shares borders with Sweden, Finland and Russia
- The country is very mountainous and has both incredible and beautiful scenery
- The northern part of the country is above the arctic circle and therefore in winter it can drop to -30°C
- During the summer they experience almost 24hours daylight and the chance to see the phenomenal midnight sun
- During the winter it is very likely that you can see the magical display of the Northern lights



NORWAY

LOW / HILLS / MOUNTAINS

©GraphicMaps.com



Greenland Sea

Barents Sea

Atlantic Ocean

Norwegian Sea

Arctic Circle

Norway

WorldAtlas.Com

120 mi
120 km

North Sea

Baltic Sea

Skaggerak Strait

Latvia

©GraphicMaps.com

- Nordkapp
- Hammerfest
- Vardo
- Tromso
- Alta
- Kirkenes
- Tana River
- Lofoten Islands
- Andenes
- Vestfjord
- Harstad
- Narvik
- Bodo
- Kautokeino
- Ovre Dividal National Park
- Sweden
- Russia
- Sandnessjoen
- Mosjoen
- Mo i Rana
- Borgefjell National Park
- Namsos
- Steinkjer
- Trondheim Fjord
- Hell
- Gressmoen National Park
- Molde
- Alesund
- Trondheim
- Logan River
- Beros
- Femund Lake
- Gelrangerfjord
- Jostedalbreen Glacier
- Floro
- Jotunheimen Range
- Sognefjord
- Forde
- Lillehammer
- Hamar
- Bergen
- Gailo
- Oslo
- Hardangerfjord
- Hardangervidda National Park
- Lagen River
- Ski
- Moss
- Boknafjord
- Stavanger
- Ottu River
- Skien
- Larvik
- Fredrikstad
- Lysefjord
- Egersund
- Grimstad
- Arendal
- Flekkefjord
- Kristiansand
- Finland
- Helsinki
- Gulf of Bothnia
- Aland Islands
- Gulf of Finland
- Tallinn
- Estonia
- Stockholm

FIRST HOST FAMILY-27TH JUNE TO 9TH JULY

- Washed cow house
- Milked cows
- Painted veranda fencing
- Tirpitz museum
- Trip to look for Reindeer
- Waterfall at midnight
- Climbed mountain
- Made traditional cookies
- A-team at the cinema
- Swam in the river



SECOND HOST FAMILY- 9TH -16TH JULY

- Fencing for cattle
- Fishing
- Feeding heifers and calves
- Cleared out workshop
- Painted walls
- Milking cows
- Craft market
- Making cakes
- Visit to Finland
- Robotic milkers
- Reindeer safari

Tora (host sister)



Olga
(host
brother)

Family
friend

Trond (host
dad)

Laila
(host
mum)

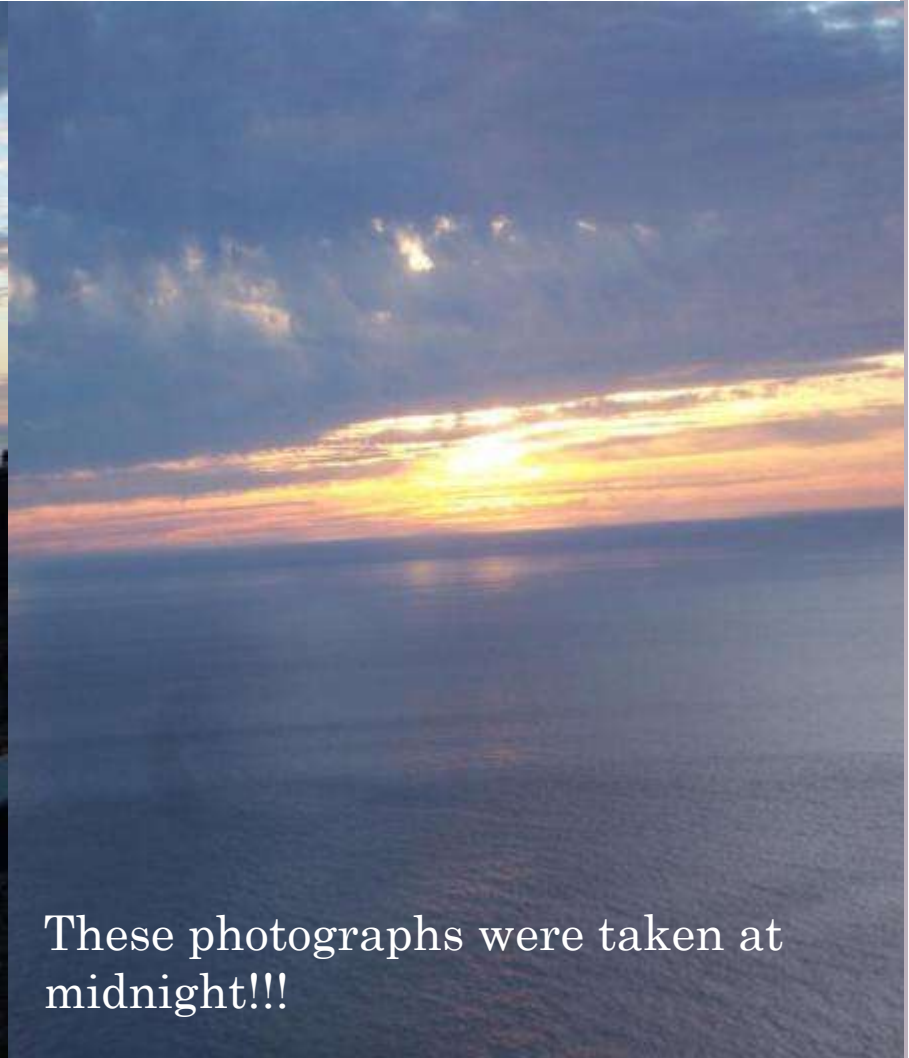


THIRD HOST FAMILY- 16TH-23RD JULY

- Dairy farm-30 milking cows
- Traditional system of cow stalls
- Second farm- raising bull beef
- Workers from Ukraine and Lithuania
- Milked in the mornings
- Foot trimming cattle
- National park centre-fjords, coasts, rivers and mountain plateau
- Trollholmsund-historical site →
- Midnight sun- Nordkapp
- Hammerfest-northernmost town in Europe

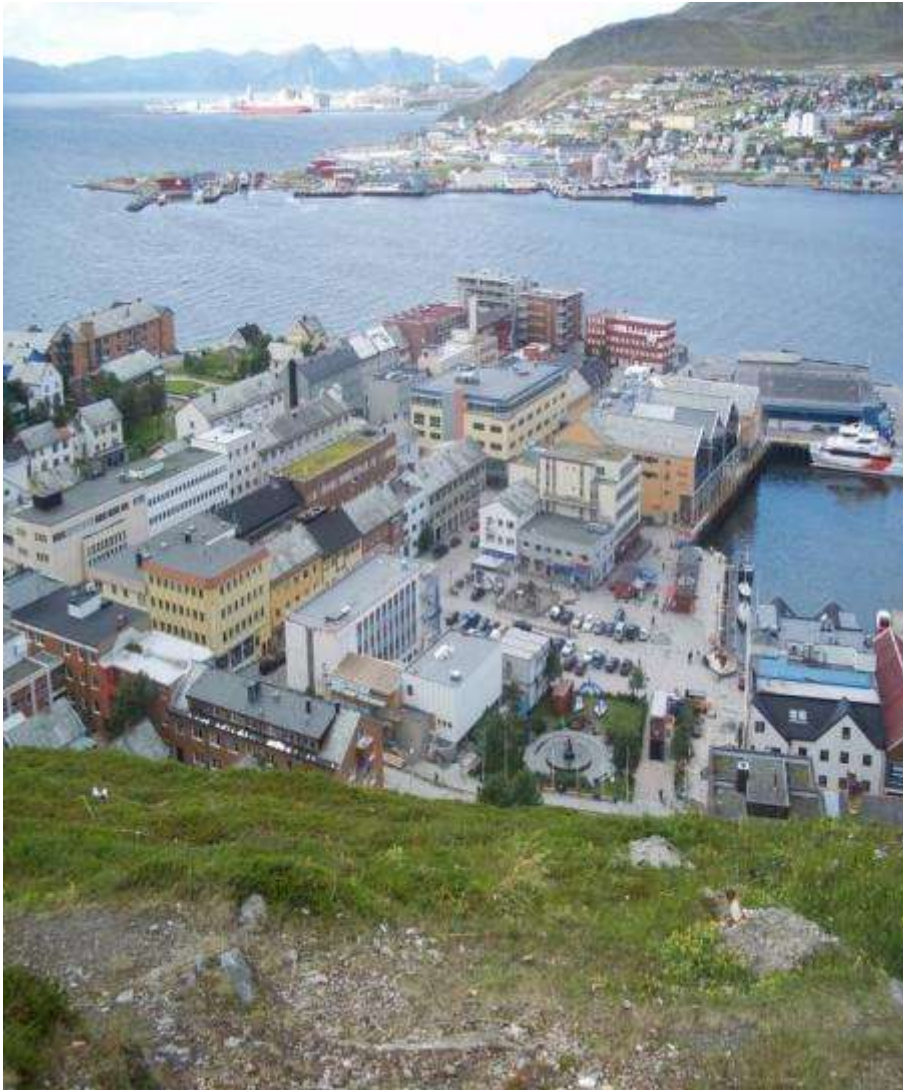


NORDKAPP- MIDNIGHT SUN

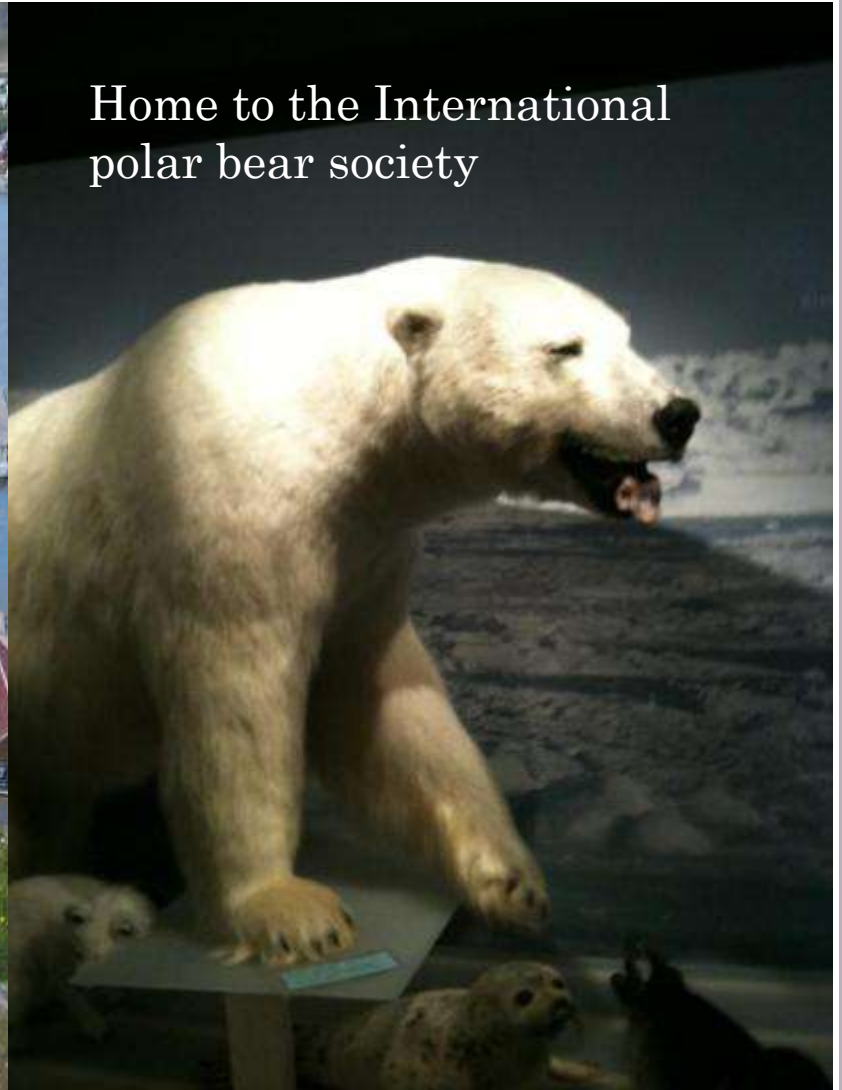


These photographs were taken at
midnight!!!

HAMMERFEST- NORTHERN MOST TOWN IN EUROPE



Home to the International
polar bear society





Pictures from my
host families in
Finnmark



4H NATIONAL CAMP-MØELV

- Theme of the camp-“It’s Global”
- Camp split into continents
- Tents called Lavvu (like tepee's!) →
- Camp food
- Opening ceremony- dress as your continent →
- Camp activities
 - Sunday-International day
 - Monday- water park
 - Tuesday- 4H Farm visit
 - Wednesday- Volleyball tournament
 - Thursday- Birkebeinerturen-12km walk
 - Friday- Closing ceremony, finals of tug of war and the talent show





Raising the flag



Tug of war team



Volleyball in the floods



Having fun with the other exchanges



4TH HOST FAMILY- 31ST JULY- 4TH AUGUST



- My fourth host family were located in Central Norway, an hours drive from Oslo (the capital)
- I helped them to pick fruit and then make 36kg of jam in two days!!!
- This was also the week when I saw my first elk (moose) mother and calf grazing just outside the house...
- And then the night after we had elk for tea!

Host brother Host dad Host sister Host mum



We made lots of raspberry and blueberry jam to freeze for the winter months



I tried the local delicacy of reindeer heart which surprisingly was really tasty and a great snack!



During my stay in Norway it was my 21st Birthday and my host sister and brother along with their friend took me on a trip up into the mountains to their cabin.



We went fishing and caught 13 fish!!!



My host brother made me this forest cake ☺

My host sister Ragnhild picking blueberries in the forest



PICTURES FROM THE CABIN TRIP...



The fish we
caught
from the
lake



The cabin
(right) →
and the
long drop
toilet
cabin
(left) !!!



LAST DAY AND NIGHT- 5TH HOST FAMILY- OSLO



I spent the final evening with Elin and Hallvard in Oslo so that I was near to the airport in the morning for my flight home.

They took me to see a new ski jump being built in the capital city for the 2012 winter games.



TUSEN TAKK (A THOUSAND THANKYOU'S)



- I had an amazing time during my 6 week trip to Norway
- I met lots of new friends, experienced another culture and visited many places which wouldn't have been possible as a tourist
- Go ahead and make your dreams come true...apply for your discovery trip today!

