

Nicky Bishop

# NFYFC KENYA DISCOVERY 2011

Date : 5th - 14th August 2011

Place : Sagalla, Taita Hills, Voi District, Kenya

Mission : To learn about Kenyan culture and experience their way of life

THE MIGHTY TEAM....

Hollie

Rach T

Arwe

Selena

Jen

Mark

Hannah

Rach P

Me!



# Nicky Bishop

## our hosts

Whilst on our trip, we were lucky enough to be put up by local Kenyan families. We stayed in twos, and Hannah and I's family for the week was Muma and Baba Musa, and our tour guides were Jacki and Josephine from GSE Ecotours

All of the host families together



Muma and Baba Musa, they have 5 children but all live away from home. On the right is Josephine our tour guide

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# DAY 1

8 hours later and we were in Nairobi! Met by Jacki, we packed into our safari themed bus, and experienced our first of Kenyan style driving!!



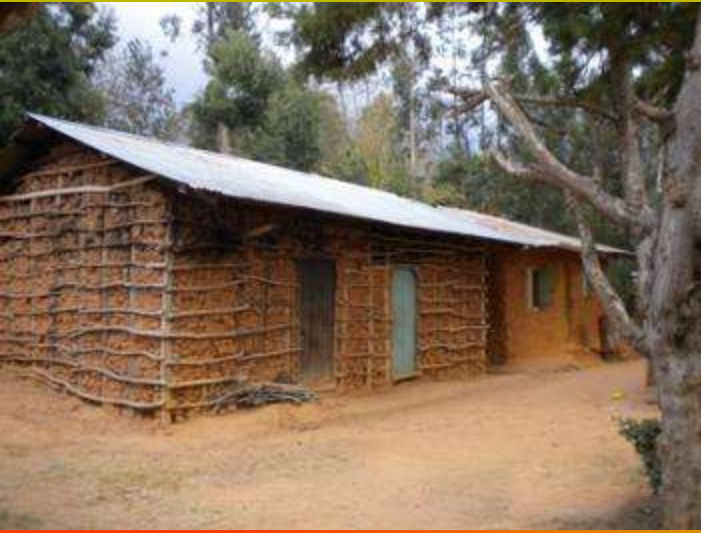
We headed into Nairobi to buy water and essentials for the week, driven by 'drives' Nicholas!

We stayed in a hotel in Narobi for one night before heading to our new homes for the week! Our first evening meal together....



# Nicky Bishop Day 2

Very excited, we left Nairobi to drive 3 hours to Taita Hills, seeing some interesting scenes along the way...



This is a typical house in our village, with no electricity or proper windows

This is my room, we were lucky to have a bed and mosquito net, and a door, which some others didn't!



# Nicky Bishop Day 3

We dug, planted and watered our very own trees. We were told that in 2 years time the villagers could sell them to a forester for a good price



This is my little tree, all ready to grow!

We made a start on a woven basket, which usually takes weeks to finish! It took a long time to get the technique right!



We also helped our hosts water their shambas



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# Day 4

We visited local schools, primary and secondary. They had very basic resources, but the children really enjoyed school



This motto was everywhere to be seen in the school, a very clear objective



The children ran at the end of lunchtime to their classes, they didn't want to miss a minute!



We were taught how to make traditional dancing costumes, and made some for ourselves!

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**Day 5**

We did our bit of exercise for the week, trekking through a forest reserve to reach the water source for the whole village. We had a picnic and a well deserved rest!



We were taught the technical way of fetching water...bucket and string! We then carried it back and watered the cows in the village.



Each evening we did a language exchange with our host families....

karibu - welcome

jambo - how are you

wahuka mana -  
good morning

quaheri - goodbye

# Nicky Bishop Day 6

We visited the local dispensary and health centre, which had only basic supplies, and simple messages about general personal hygiene



One of the most satisfying crafts we made were bow and arrows, where we started with sticks and feathers and made a real working weapon! Baba Musa was our teacher, and we got to take our weapons home!

Each family had one cow which they hand milked, and we had a go at milking Kenyan way!



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**Day 7**



We visited the Lata dam, where a lot of locals collected water. It was a beautiful place with amazing views



We pounded grains using mortar and pestle, which was really hard work-the women in the village were very strong! It was satisfying at the end though when we made grains fit to cook



A visit to the pub made us feel right at home-sort of! With only one brand of beer available, it was Tuskers all round!



# Nicky Bishop Day 8

Words cannot describe how amazing our day in Tsavo East National Park was!!



# Nicky Bishop Day 9

Our last day was spent with our host families. We went to church early into the morning, spent some time with them afterwards and lunchtime we headed off, us lucky ones off to Mombasa for another adventure!



We were all so sad to leave our new families, and also each other! We all really loved our lives in Sagalla, but also couldn't wait to have a real shower!



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***Thank you NFYFC...***

For providing me with the opportunity to go on the Kenya Discovery. I have learnt so much, and made friends for life, Kenya 2011 really was one of the **best weeks of my life!**

