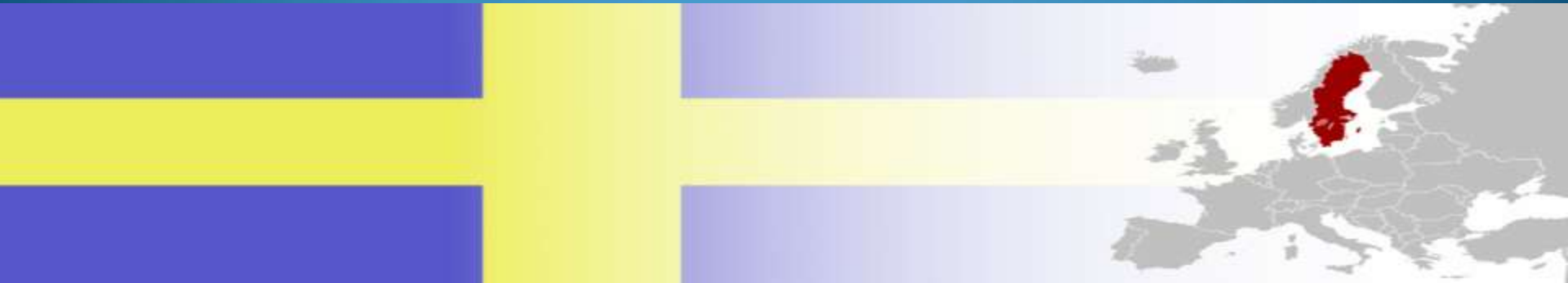
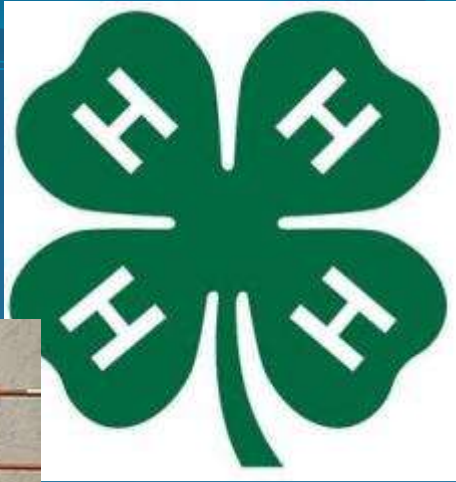


# Discovery 2011 Sweden



# Who?



Sweden don't have a YFC organisation, there equivalent is 4H, members can be as young as 7, and there is no upper age limit.



4H is quite big in many Swedish cities as well as rural areas and can be used as an educational tool about farming and rural areas.



Many of the city based 4H clubs have there own 4H farms, which in most cases are small holdings with a couple of each animal, and in most cases these are all traditional Swedish or Scandinavian breeds.



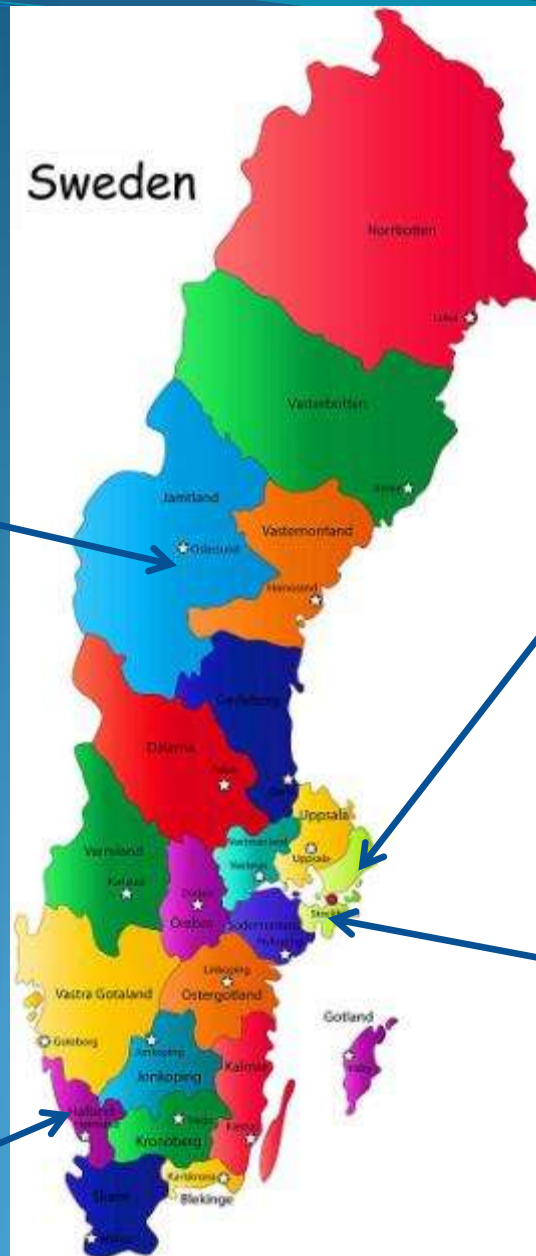
This is Jia-Che, he was also in Sweden on a 4H exchange from Taiwan.

# Where?

This is Vigge, a small Village, on the shore of Stjern., the great lake, it was 50 miles long!! I stayed on a farm here from 10<sup>th</sup> to 22<sup>nd</sup> July



This is Varberg in Halland, this is where Rikslager was held this year, an annual camp that 4H hold, I spent my last week here.



I spent the first three weeks of my trip here, I stayed in a small town called Nortelje



I also spent a couple of days in Stockholm, one of the most beautiful cities I have ever seen!

# Stockholm

Whilst in Stockholm, we visited a few places of interest...

We visited the National Historic Museum, a special exhibition on Viking History, I even learnt how to write my name in Viking Runes



Did you Know, Vikings never had horns on there helmets?



This is the Royal Palace, the Swedish royal family still live here, you can walk right up to the front door

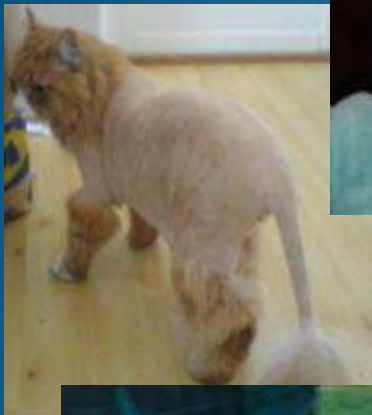


The Vasa Museum is one of Sweden's top attractions, it is a ship built in 1628. It sailed for just 20 minutes before sinking in Stockholm harbour



# Norrtälje

A small town, just outside Stockholm, I stayed here for the first three weeks of my trip with the Hallsten Family, Anett, Jonas and there children Samuel and Olivia, and Ozzy the cat.



# Norrtälje

During my stay here, I did a huge variety of things...



Traditional Swedish Shopping



Traditional Baking



Family Events



We visited Uppsala Cathedral and Castle



and a lot of Swimming!!

# Norrtälje - Midsommer

During my stay, we celebrated midsommer, a very large celebration in Sweden, we went to a traditional celebration at a farm museum ...



A traditional maypole was raised, covered in flowers, it took a whole day to make...



Many people wore traditional Swedish costume ...



I tried Pickled Herring, a traditional Swedish dish, especially at Midsommer, it was surprisingly yummy!



Followed by a family party, I have never eaten so much! Herring and Potato, BBQ, a lot of dessert. Followed by football and games.

# Vigge

A really small village in Jamtland, about half way up Sweden on the shore of Storsjön, “the great lake”.



During my time in Vigge, I stayed on a family farm with Sven and Anitta, and there children Moa, Mimmi and Olof

Storsjön is a 50 mile long lake, and is still only Sweden's 5<sup>th</sup> biggest lake, it was massive!!!

Storsjön has its very own loch ness monster, its called Storsjöodjuret, they even have cameras in the lake that look for it.



# Vigge – The Farm

The farm has 60 dairy cows, which is considered to be quite a large farm, (the farm over the road had just 13 cows).

The farm was also very technologically advanced, considering we would think it a small farm. For example they milked with a robot.

I helped out on the farm most days, although don't think this would be expected of you, I helped feed the calves and muck out, as well as learnt how to use the robot.



# Vigge

Whilst I was here, I did a huge range of awesome things...

Sailing & Swimming on Storsjon



I saw a wild moose!



Explored Hoverberget Cave



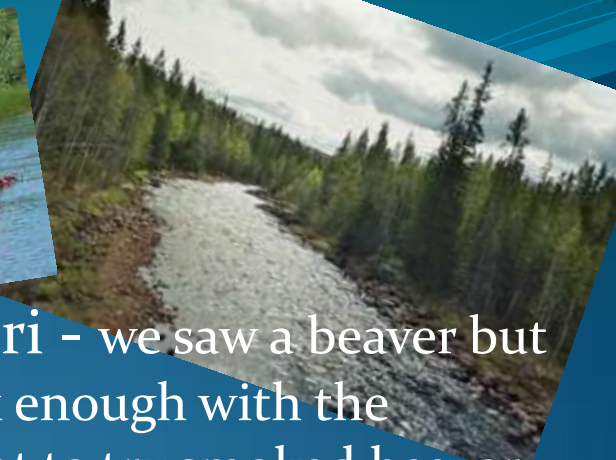
Visited Ostersund



Hiked up Hoverberget Mountain



Beaver Safari - we saw a beaver but I wasn't quick enough with the camera, we got to try smoked beaver too.



# Norway - Trondheim

During my Stay in Vigge, I took a day trip to Trondheim, a city on the Norwegian west coast.

I visited the Trondheim Cathedral, this is at the end of a Pilgrim trail from the east Coast of Sweden.

I also visited Trondheim Palace, the largest completely wooden palace in Scandinavia.



# Varberg – Rikslager 11

The last stop on my trip, Swedish 4H have a annual camp, this is called Rikslager and is held in a different county each year.



There were also 12 people over from Devon for the camp. I camped with them for the week.

As part of the camp, we got to visit some local attractions, including Gekas, a shop the size of 16 football pitches (people queue to get in)...



# Varberg – Rikslager 11

Each County competes against each other all week in various competitions, until a winner is crowned at the end of the week, we were the International County, apparently we come last every year

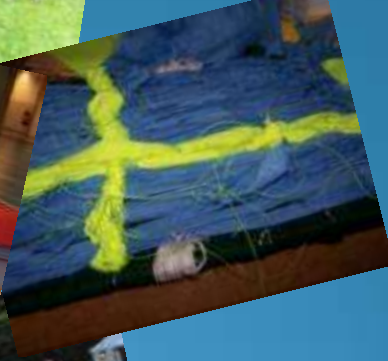


Drama



Dancing

Crafts



Biathlon



Wrestling



Silly Games



Tug of War



Ultimate Frisbee

# The End

